



Learning Skills Services

Learning Skills Services (LSS) are about “learning how to learn”, helping you take charge of your own learning and building your academic skill set and confidence

July/Aug 2020 Workshops

Exam Prep

Multiple choice, short answer, calculations, or essay style – which form is your personal nemesis? Whatever the format, midterms or finals, if you could use some help in preparing for exams, then this workshop is for you!

Learning Power

Looking for ways to become a better student and boost your learning power? This workshop (*previously called Learning Styles*) will help you discover your own learning style and preferences, and introduce you to the top, research-supported learning strategies

Managing Academic Stress

Are you feeling stressed out by the pressures of academic life and looking for better ways to handle the daily grind? Learn new strategies for handling the anxieties and stresses of university life.

Memory

Most people only use a tiny fraction of their brain power. Learn techniques to help you transfer all that course work information into your long term memory, along with the strategies you'll need to retrieve the information when you most need it.

Reading and Note-taking

Many students find keeping up with the readings and lecture notes at university to be a real challenge. Learn more effective reading and note taking techniques to help you stay on top of your course work.

Writing Tips

Term paper coming due? Essay to write? Academic writing can be a challenge. This workshop will help you plan, organize and fine-tune your writing, from picking a topic, right through to final proofreading

Time Management

Where does the time go? Are you having trouble balancing school, work, and life? How much study time is enough? Learn practical, personalized approaches to managing your time that work for you

Other Services

Peer Academic Coaching

Want some individual 1-1 help, on managing your time, getting organized, and staying on top of all those readings, assignments, and exams? Sign up for a half hour online appointment with an experienced Learning Skills Peer!

PAC Hours:

Tuesday: 2:00-4:00

Thursday: 1:00-3:00

For details on how to register for workshops and how to make an appointment for Peer Academic Coaching, visit our website at <http://lss.info.yorku.ca>