



Reconnecting with your student community

YGSE WELLNESS WEDNESDAYS

Join us for free weekly gatherings,
guided by professionals

WEDNESDAYS
12PM - 1:30PM

APRIL 29 GUIDED MEDITATION

MAY 6 YOGA

MAY 13 SLAM POETRY

MAY 20 ART BASED THERAPY

For details and registration:
<https://www.surveymonkey.com/r/GKD39W5>