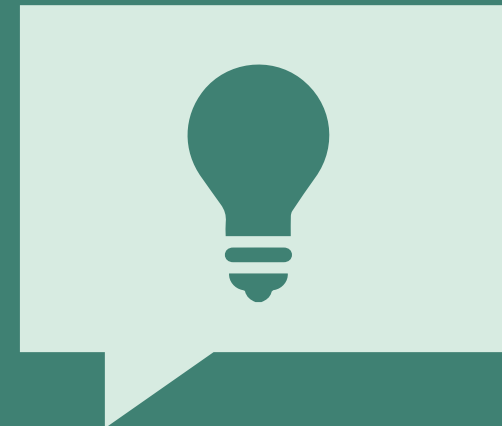


GradConnect Wellness Services are Available

Wellness Consultations

These easy-to-book counselling sessions can provide a starting point for graduate students looking for support with personal wellness and mental health.



Resource Hub

A collection of on and off-campus wellness resources and services collected on our webpage.

Wellness Webinars

Tailored wellness information sessions are available for interested graduate student programs, associations, groups, or clubs.



For more information, please visit us at:

<https://gradstudies.yorku.ca/current-students/wellness-services/>

