



Learning Skills Services

March 2020 Workshop Topics

Critical Thinking

At university, learning involves more than just memorizing facts and figures. This workshop will help you push your thinking beyond purely descriptive levels into deeper levels of understanding, analysis and critiquing.

Exam Prep

Multiple choice, short answer, calculations, or essay style – which form is your personal nemesis? Whatever the format, midterms or finals, if you could use some help in preparing for exams, then this workshop is for you!

Get on Track

Feeling so overwhelmed by upcoming deadlines and exams that you're not sure where to begin? We'll help you find the motivation to organize your workload into manageable steps. Get your academic goals back on track with hands-on planning.

Managing Academic Stress

Are you feeling stressed out by the pressures of academic life and looking for better ways to handle the daily grind? Learn new strategies for handling the anxieties and stresses of university life.

Mastering Group Work

Group assignments are an inevitable part of every student's experience. Working collaboratively is a key skill not just for success at university, but also in the work world. This workshop is designed to help you and your classmates master the art of effective group work

Memory

Most people only use a tiny fraction of their brain power. Learn techniques to help you transfer all that course work information into your long term memory, along with the strategies you'll need to retrieve the information when you most need it.

Presentation Skills

Does the thought of presenting in front of a group give you the jitters? If so, you're not alone. This workshop will provide you with essential tools that will allow you to effectively develop and deliver a presentation.

Reading and Note-taking

Many students find keeping up with the readings and lecture notes at university to be a real challenge. Learn more effective reading and note taking techniques to help you stay on top of your course work.

Time Management

Where does the time go? Are you having trouble balancing school, work, and life? How much study time is enough? Learn practical, personalized approaches to managing your time that work for you.

Writing Tips

Term paper coming due? Essay to write? Academic writing can be a challenge. This workshop will help you plan, organize and fine-tune your writing, from picking a topic, right through to final proofreading.

For more information on Learning Skills Services, visit us at: <http://lss.info.yorku.ca>